

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



July 2021

River Mills Assisted Living at Chicopee Falls

<p>10:00 Chalice of Salvation 4 11:00 Fitness Center 2:00 July 4th Matinee "Yankee Doodle Dandy"</p> 	<p>10:30 "Beach" Volleyball 5 11:00 Hangman 11:30 Peapod Orders 2:00 Bingo 3:30 Garden Club</p>	<p>10:15 Men's Coffee Group 6 10:30 Be Fit! Exercise 11:00 Music Video Favorites 2:30 Music Performance by Ritchie Mitnik, Jessy Rivers & Peter Annone</p>	<p>10:30 Strength Training 7 11:00 Words in a Word 11:30 Peapod Orders 2:00 Health & Nutrition Talk - "The MIND Diet" by Renee Brunelle, RD</p> 	<p>10:30 Be Fit! Exercise 8 11:00 Lunch Out Trip The Summer House</p>  <p>2:00 Manicures 3:30 Garden Club</p>	<p>10:15 Men's Coffee Group 9 10:30 Strength Training with Art! 11:00 Kickball 1:30 Yahtzee Game 2:15 Spiritual Moments Prayer & Song</p> 	<p>10:30 Fitness Center 10 11:00 Open Art Studio 2:00 Independent Games in The Activity Room 3:00 Afternoon Matinee</p>
<p>10:00 Chalice of Salvation 11 11:00 Fitness Center 2:00 Independent Games in The Activity Room 3:00 Afternoon Matinee</p>	<p>10:30 Horticultural Talk w/ Jeff the Plant Guy</p>  <p>1:30 Strength Training with John! 2:30 A Capella Sing-A-Long</p>	<p>10:15 Men's Coffee Group 13 10:30 Be Fit Exercise with Claire! 11:00 Hangman 2:00 Bingo with Josey 3:30 Garden Club</p>	<p>10:30 Strength Training 14 with Sylvia! 11:00 Words in a Word 2:00 Afternoon Matinee "Beach Blanket Bingo"</p> 	<p>10:30 Be Fit Exercise 15 with Lorraine! 11:00 Kickball 2:00 Show & Tell with Josey Angels 3:00 Social Hour Fruit Smoothies</p>	<p>10:15 Men's Coffee Group 16 10:30 Strength Training with Art! 11:00 EZ Does It Trivia 1:30 Yahtzee Game 3:00 Garden Club</p> 	<p>10:30 Fitness Center 17 11:00 Open Art Studio 2:00 Independent Games in The Activity Room 3:00 Afternoon Matinee</p>
<p>10:00 Chalice of Salvation 18 11:00 Fitness Center 2:00 Independent Games in The Activity Room 3:00 Afternoon Matinee</p>	<p>10:30 Encompass Health Blood Pressure Clinic 11:00 Strength Training 11:30 Peapod Orders 2:30 Music Performance by 2 For The Show</p>	<p>10:15 Men's Coffee Group 20 10:30 Be Fit! Exercise 11:00 Words in a Word 1:00 "New Beginnings" with Marcia 2:00 Bingo 3:30 Garden Club</p>	<p>10:30 Strength Training 21 11:00 Jeopardy Trivia 11:30 Peapod Orders 2:00 Collaborative Art Project Craft Stick Quilt</p>	<p>10:30 Communion 22 Service 11:00 Be Fit! Exercise 1:30 Manicures 2:30 "You Be The Judge" 3:00 Social Hour Wine & Cheese</p>	<p>10:15 Men's Coffee Group 23 10:30 Strength Training 11:00 Jeopardy Trivia 1:30 Out Trip Donut Dip</p>  <p>3:30 Garden Club</p>	<p>10:30 Fitness Center 24 11:00 Open Art Studio 2:00 Independent Games in The Activity Room 3:00 Afternoon Matinee</p>
<p>10:00 Chalice of Salvation 25 11:00 Fitness Center 2:00 Independent Games in The Activity Room 3:00 Afternoon Matinee</p>	<p>10:30 Hallway Bowling 26 11:00 Music Video Favorites 11:30 Peapod Orders 2:00 Resident Council Meeting</p>	<p>10:15 Men's Coffee Group 27 10:30 Be Fit! Exercise 11:00 Hangman 2:30 Jeff's Ding Dong Cart Ice Cream Party!</p> 	<p>10:30 Tai Chi Class 28 with Georgette 11:30 Peapod Orders 1:30 Cooking Club Chocolate Chip Zucchini Brownies 3:00 Social Hour Zucchini Brownies</p>	<p>10:30 Be Fit! Exercise 29 11:00 Manicures 1:30 Yahtzee Game 2:30 Music Performance by Vicki Rose</p> 	<p>10:15 Men's Coffee Group 30 10:30 Strength Training 11:00 Garden Club 1:00 Out Trip Magic Wings Butterfly Conservatory</p> 	<p>10:30 Fitness Center 31 11:00 Open Art Studio 2:00 Independent Games in The Activity Room 3:00 Afternoon Matinee</p>

Calendar is Subject to Change

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